

# Dislocation and Fractures

**Only** do the following if you have to move the victim, **and** if you can do so without hurting them any further.

**Never** try to relocate a displaced joint or bone, you could cause more damage.

If the bone has broken the skin do not splint. Treat for bleeding and Call **911**.



Place something under the injured body part to give it support.



Place bandages above and below the injury. **NEVER** over the injured area.



Check the limb for circulation. Do not tie too tight.



Use another bandage to keep the body part from moving.



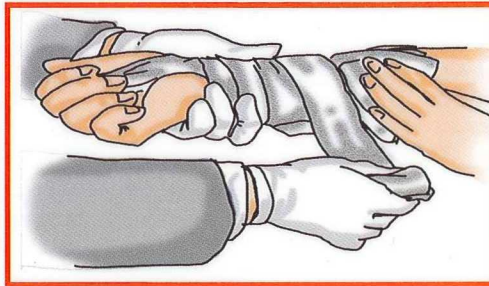
Tie off the ends.

# Bleeding

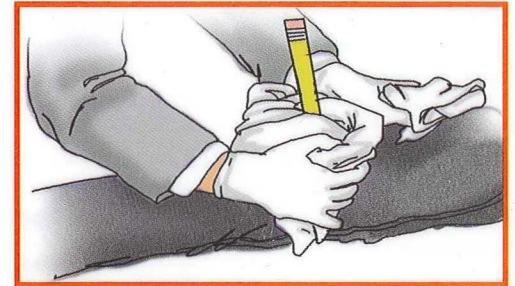
**Before** handling any wounds, **gloves** and any other appropriate barriers should be used.



Direct Pressure with a clean sterile dressing.



Bandage wound with overlapping layers. If the blood soaks through, do not remove; place another layer of dressing on top.



## Embedded Objects

If something is embedded in the body, bandage around the object.

**Do not** remove the object from the body. Call **911**.

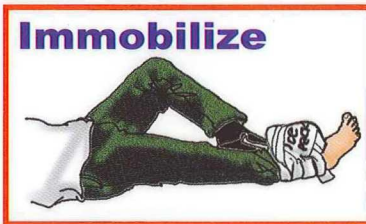
# Closed Wounds

## Treat with R.I.C.E.



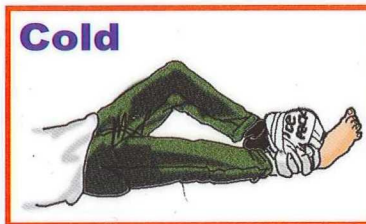
### Rest

Rest the injured body part.



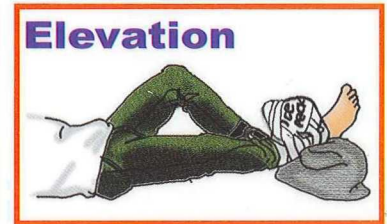
### Immobilize

Stabilize the injured area in the same position found. **Only** splint the injured area if the victim must be moved **and** it doesn't cause more pain.



### Cold

Apply an ice pack for only 20 minutes. **Never** put ice directly on the skin, wrap it in a cloth first.



### Elevation

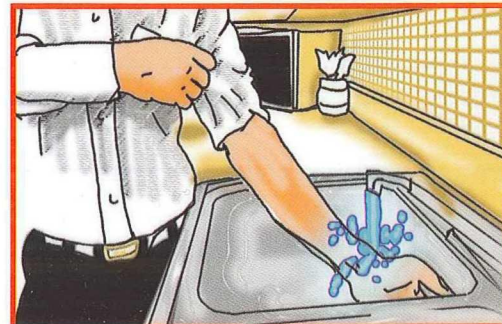
Elevate the injured body part above the heart. **DO NOT** elevate the area if it causes more pain.

# Burns

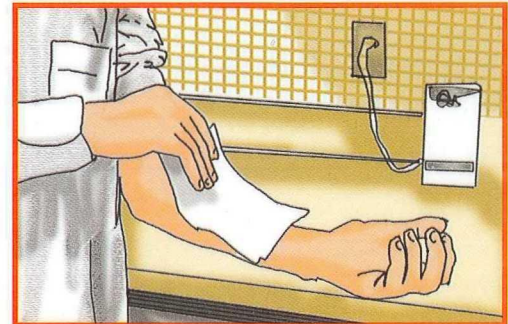
**Do not** remove any clothing stuck to a burn.



Stop the burning.



Cool with running water. **Do not** apply water to a 3<sup>rd</sup> degree burn. **(NEVER USE BUTTER) (NEVER USE ICE)**



Cover 1<sup>st</sup> & 2<sup>nd</sup> degree burns with a clean sterile dressing. **Do not** apply bandages to a 3<sup>rd</sup> degree burn.