

AED

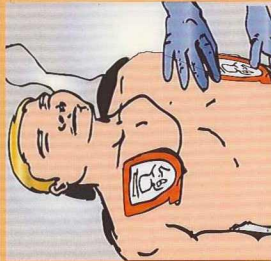
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- Turn on the **AED**.
- Follow the voice prompts.



- Say "**Clear.**"
- Make sure no one is touching the victim.
- Allow the **AED** to analyze.
- Push the shock button if the **AED** advises.

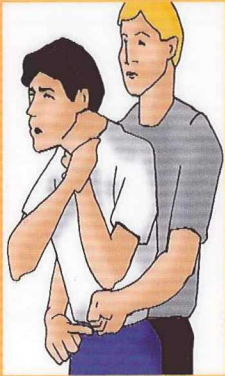


- Make sure the victim's chest is dry.
- Remove any medical patches.
- Place the pads on the victim's bare chest.

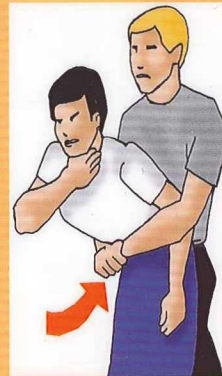


- **If Shock Advised:** follow the voice prompts.
- **If NO Shock Advised:** follow the voice prompts.

Conscious Choking for Adults and Children



- Ask the victim, "**Are you choking?**"
If unable to make any noise send someone to **Call 911**.
- Then ask the victim, "**May I help you?**"
- If the victim agrees, take a wide stance behind them.
- Place one finger in the belly button. With the other hand, make a fist and place it slightly above the finger in the belly button.



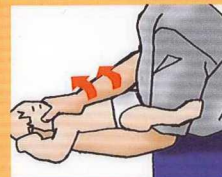
- Then take your hand and place it on top of the fist.
- Thrust in and up until the object comes out.
- Each thrust is a separate attempt to get the object out.

If the victim goes unconscious, lay them on the floor, and go to box C (on the other side)

Conscious Choking for Infants



- Place one hand on the jawbone. Be careful to **support the head**.
- Position the infant on your forearm.
- Ensure that the infant's head is lower than it's chest.
- Using the heel of your hand, hit the infant **5 times** between the shoulder blades.



- Place palm on skull and sandwich the victim between your forearms.
- Roll victim onto your other forearm.
- Place two fingers on the breastbone slightly below an imaginary line between the nipples.
- Compress straight down **1/3** depth of the chest (about 1 1/2 inch) **5 times**.
- Repeat until object is dislodged.

If the victim goes unconscious, lay them on a hard surface and go to box C (on the other side)