**AED**

- Turn on the AED.
- Follow the voice prompts.
- Make sure the victim's chest is dry.
- Remove any medical patches.
- Place the pads on the victim's bare chest.
- Say "Clear."
- Make sure no one is touching the victim.
- Allow the AED to analyze.
- Push the shock button if the AED advises.
- If Shock Advised: follow the voice prompts.
- If NO Shock Advised: follow the voice prompts.

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**Conscious Choking for Adults and Children**

- Ask the victim, "Are you choking?"
  - If unable to make any noise send someone to Call 911.
- Then ask the victim, "May I help you?"
  - If the victim agrees, take a wide stance behind them.
  - Place one finger in the belly button. With the other hand, make a fist and place it slightly above the finger in the belly button.
- Then take your hand and place it on top of the fist.
- Thrust in and up until the object comes out.
- Each thrust is a separate attempt to get the object out.

**If the victim goes unconscious, lay them on the floor, and go to box C (on the other side)**

**Conscious Choking for Infants**

- Place one hand on the jawbone. Be careful to support the head.
- Position the infant on your forearm.
- Ensure that the infant's head is lower than its chest.
- Using the heel of your hand, hit the infant 5 times between the shoulder blades.
- Place palm on skull and sandwich the victim between your forearms.
- Roll victim onto your other forearm.
- Place two fingers on the breastbone slightly below an imaginary line between the nipples.
- Compress straight down 1/3 depth of the chest (about 1 1/2 inch) 5 times.
- Repeat until object is dislodged.

**If the victim goes unconscious, lay them on a hard surface and go to box C (on the other side)**